# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

# COURSE OUTLINE

Course Title:	MANAGING DISTURBED BEHAVIOUR
Code No.:	COR 310
Program:	CORRECTIONAL WORKER
Semester:	FOUR
Date:	JANUARY 1994 Previous Date: JANUARY 1993
Author:	JOHN JONES

APPROVED:

L. Dehasaino DATE: Mai Solas



(350)

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Managing Disturbed Behavior (COR 310) 45 hours

PREREQUISITES: Introduction to Corrections (COR 200)

#### PHILOSOPHY/GOALS

This course will prepare the student to recognize, prevent and/or effectively manage potentially dangerous situations of unacceptable behavior from correctional clients. Those under stress or in a state of crisis find it difficult to function "normally" thus making the tasks of correctional workers difficult and often hazardous. At the same time, correctional workers need to have knowledge and skills to feel confident during crisis and keep their stress as low as possible so as to be most effective in managing those for whom they are responsible.

### STUDENT PERFORMANCE OBJECTIVES

Upon successful completion of the course, the student will be able to:

- 1. Define, describe and successfully operate the Interpersonal Communications for Corrections model with clients.
- 2. Define, describe and successfully operate the Situational Leadership model with clients.
- 3. Define, describe and successfully diffuse an anger situation.
- 4. Define and apply a decision making model to a scenario.
- 5. Define and apply a problem solving model to a scenario.
- 6. Define and apply a crisis management model to a scenario.
- 7. Identify clients who are suicidal and apply a preventative plan to prevent suicide.

### TOPICS TO BE COVERED

- 1. Review of supervision and discipline techniques
- 2. Interpersonal Communications in a Correctional Setting
- 3. Situational Leadership
- 4. Anger Management
- 5. Decision Making/Problems Solving model
- 6. Crisis Management
- 7. Suicide

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### LEARNING ACTIVITIES

1.0 Review of supervision/discipline Upon successful completion of this unit, the student will be able to: 1.1 define supervision and discipline for a correctional setting

1.2 list and discuss attitudes and tactical mistakes

### 2.0 Interpersonal Communications

Upon successful completion of this unit, the student will be able to:

- 2.1 list and define the components of the model
- 2.2 apply the model to a variety of role play situations

# 3.0 Situational Leadership

Upon successful completion of the unit, the student will be able to:

- 2.1 define situational leadership and explain its use with clients
- 2.2 outline and explain the components
- 2.3 apply the model to a variety of role play situations

### 4.0 Anger Management

Upon successful completion of this unit, Handouts the student will be able to:

4.1 define anger

- 4.2 list and describe the steps used in resolving anger problems
- 4.3 apply the steps to a variety of role play situations

## 5.0 Decision Making/Problems solving

Upon successful completion of this unit,

the student will be able to:

- 5.1 define problem solving and decision making
- 5.2 list and describe the steps used to problem solve and make decisions
- 5.3 apply the steps to a variety of role play situations

### REQUIRED RESOURCES

Handouts

- Video Attitude Mistakes
  - Tactical mistakes
  - Handling of agress-
  - ive inmates - Supervision of
  - Special Inmates

IPC Manual IPC Video

Handouts Simulator

Handouts Decision Making Vignette Video

Officer Baxter Case Study

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6.0 Crisis Management Upon successful completion of this unit, the student will be able to: 6.1 define crisis

6.2 list and describe the steps used to manage crisis

7.0 Suicide Upon successful completion of this unit, Handouts the student will be able to: 7.1 define suicide list and discuss the signs of suicide 7.2 7.3 list and discuss the preventative measures

#### METHOD EVALUATION

A final grade will be derived from the results of two tests and two role play tapes.

Mid term exam	40%
Final exam	40%
Paper	20%

The grading system used will be in accordance with College policy A + = 90 - 100%A = 80 - 89%B = 70- 79% C = 60 - 69%Less than 60% = R (repeat course)

80% attendance required to pass the course

ADDITIONAL RESOURCE MATERIAL Handouts will be provided by the instructor.

### SPECIAL NOTE

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

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Video on Suicide

Handouts